

From Chaos to Calm:

Understanding Sensory Triggers & Emotional Regulation

FREE Workshop For Parents and Caregivers

Learn practical strategies to offer support, deepen your connection, and remain calm during big emotions.

In this interactive workshop you will:

- Learn that behavior is communication of an unmet need
- Understand sensory processing and how to support sensory needs
- Gain practical strategies to respond with intention during big emotions
- Learn how to nurture well-being for your child and yourself by feeling and flowing through challenges

Each household receives a complimentary well-being toolkit.

*Updated:
Now even more
practical strategies*

When: Wednesday, November 18, 2026
5:30-6:00 PM Complimentary Light Dinner
6:00-8:00 PM Workshop

Where: Covenant Harbor
1724 W. Main St. Lake Geneva
Parking is free!

Presented by Bloom360 Learning Community Experts:

- Andrea Svoboda, OTR/L - Learning Guide & Occupational Therapist
- Cindy Gosh-Lee, MSW - Director of Programs & Social Worker
- Laura Rauman - Founder/President



Advance registration required. SPACE IS LIMITED!

To register, visit <https://bit.ly/4dByCEI> or use the QR code.

Complimentary childcare will be provided!

For more information, contact (262) 374-2242.



Funding for this workshop is made possible by the Wisconsin Child Abuse & Neglect Prevention Board (CANPB) Parent Education Grant.

This workshop is a collaboration between these compassionate 501(c)(3) nonprofits:

Bloom360 Learning Community nurtures whole person development in neurodivergent children and adults and their caregivers through its independent, 501(c)(3) non-profit school and adult learning center in East Troy. www.bloom360.org

The Tree House serves Walworth County children and families through equitable access to child abuse prevention, education, and resources. www.treehouseforkids.net

