

Workshops

SENSORY PROCESSING & BIG EMOTIONS WORKSHOPS FOR FAMILIES, TEACHERS, HEALTHCARE PROVIDERS, ETC.

Understand how neurodivergent individuals experience the world—and respond with empathy, compassion, and confidence. This workshop helps you decode big emotions and behaviors while honoring individual differences. You'll be able to offer better support, deepen your connection, and remain calm.

Why It Matters:

Because when we shift from reacting to understanding, we create environments where people can truly thrive - at home, at school, and in the community.

What You'll Learn:

- How behavior communicates unmet need
- The connection between individual differences and big emotions
- Respectful, practical strategies to support regulation

Who Should Attend:

- Parents and family members
- Educators and school staff
- Dental, medical, and therapy professionals
- Anyone caring for or interacting with neurodivergent individuals

Bring this Workshop to Your School or Clinic!

We will partner with you to tailor the workshop to your specific needs and setting.
Or join an upcoming session as a family member.

Find a Workshop for Your Needs!



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